

## INSTRUCTIONS AND USE



1 Place around limb, above injury.



2 "Click" buckle into place.



3 Pull strap down snugly.



4 Rotate turnkey to tighten and securely occlude blood flow.

### SECURING MAT<sup>®</sup> - Option A



Wind strap around turnkey stem and fold turnkey down.

### SECURING MAT<sup>®</sup> - Option B



Tuck strap underneath and tighten.

### SECURING MAT<sup>®</sup> - Option C



Wrap excess strap over turnkey and tuck under.

Press the Release tab or lift on the buckle to release.

### RELEASING MAT<sup>®</sup>



### IMPORTANT

Make sure that **MAT<sup>®</sup>** is **FULLY RESET** before each application.

### TO RESET

While pushing in **RED RELEASE** button, pull strap all the way out.

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